



Help is available



We are here to help the local community in the best way we can!

Our delivery service is always available and now is the best time to take advantage.

Our produce is delivered by local companies not shipped across the country. There is now no minimum order limit, to help those that want a small order and don't want to go out.

www.amberleyshop.uk or 01798 831 171

for home delivery

We are now looking for volunteers to deliver goods as the quarantine involves more people.

Please email us with your details

www.amberleystores@tiscali.co.uk

Amberley is such a community-based village and I'm sure we can all pull together and keep everyone safe.

**See overleaf
important information regarding village support
Please read carefully**



Put up in a safe place

**AGNES
(Amberley Good Neighbour Emergency Service)
Hazel 01798 831 159 or Jenny 01798 831114**

**Register a self-quarantine or a infection
Richard 01798 839142**

**Feeling lonely or anxious
Revd Gerry Burgess 01798 831600**

**Amberley stores
www.amberleyshop.uk or 01798 831171**

CORONAVIRUS EMERGENCY

HELP IS ON HAND

ADVICE

Official advice is that the Covid 19 virus affects the elderly and chronically ill the most and the best prevention is self-isolation – stay at home and no visitors.

Also everybody who develops a temperature and a new persistent cough should self-isolate for a minimum of a week. For medical help you should contact: **NHS 111 online, by phone 111, your GP or 999 in an emergency.**

SELF-ISOLATION

Amberley can offer support should you need to self-isolate.

Amberley Village Stores has a wide range of food, cleaning materials and basic medicines that can be delivered to your door.

Order online www.amberleyshop.uk or telephone **01798 831 171.**

PHARMACIES

Cordons Pharmacy in Pulborough 01798 872 480 will deliver prescription medicines free of charge if applicable, and non-prescription medication for a £5 charge. **Lloyds Storrington 01903 742 313** will deliver prescriptions.

ERRANDS, LIFTS, APPOINTMENTS ETC

AGNES (AMBERLEY GOOD NEIGHBOURS EMERGENCY SERVICE). Our volunteer drivers can help with errands, returning library books, online ordering and lifts to medical appointments if you are well. Call if you need help:

Hazel Allinson 01798 831 159 hazel.allinson@btinternet.com

Jenny Toynbee 01798 831 114 jenny@brooklandsamberley.com

OTHER HELP IS AVAILABLE

This may be a lonely, difficult and anxious time for you. Don't stay isolated: phone a friend or neighbour for a chat. If you wish you can contact **Revd Gerry Burgess 01798 831600**, leaving a message if necessary. In urgent situations feel free to do this at any time and Gerry will respond as soon as possible.

IF YOU ARE FIT PLEASE SUPPORT YOUR NEIGHBOURS AND VOLUNTEER:

- The shop needs support see over
- Collect and deliver to your neighbours' front doors
- Respond to AGNES requests
- Help with online ordering, particularly for the elderly without computers
- Maintain contact with elderly neighbours – regular telephone call, deliveries.

SEE OVERLEAF FOR INFORMATION ABOUT AMBERLEY VILLAGE STORES